



ABBEY SANDS
Torquay's Hidden Treasure

MEMBERSHIP PRICE LIST

EXPIRY DATE:

Membership Number:

1.

2.

Method of Payment:

Being a Abbey Sands Leisure Member entitles you to full use of our heated indoor swimming pool and hot tub with your selected membership.

Please tick selected membership

1 month

3 months

6 months

One Adult Membership

£15.00

£39.00

£75.00

Children's Membership £10 per month

All children under the age of 18 must be accompanied by an adult at all times. Additional Children are charged at the membership rate above. Infants under the age of 3 are permitted free of charge.

Application Form

Mr/ Mrs/ Miss Forename..... Surname..... D.O.B/...../.....

Spouse detail ForenameSurname..... D.O.B/...../.....

Children 1..... D.O.B/...../..... 2..... D.O.B/...../.....

Address.....

Postcode..... Home Tel..... Mobile.....

Email..... Tick if you wish to receive hotel offers, discounts, events & news.

I would like to apply for the membership of the Grand Hotel Leisure club commencing on.....

Signature..... Date...../...../.....

Please contact the Reception team for any enquiries

Phone: 01803 294373

Email: reception.abbey Sands@richardsonhotels.co.uk

The Abbey Sands Hotel
Belgrave Road
Torquay
TQ2 5HG

MEMBERSHIP DISCLAIMER

By entering and/or utilising the gym facilities you acknowledge there are risks and dangers inherent in physical exercise in any environment and you must declare that you know of no reason, medical or otherwise, why you should not exercise. You understand that any exercise undertaken and equipment used within this facility is voluntary and at your own risk. You agree to waive all legal recourse, accepting negligence, for damages to yourself or others arising from your participation.

You also agree to abide by the standards of acceptable conduct whilst in the facility.

Anyone using the Abbey Sands facilities is entering at their own risk.

You are only allowed to use the equipment in accordance with manufacture guidance.

Please answer yes or no to the below statements

Yes

No

Do you have a bone or joint problem that may be aggravated by exercise?		
Do you have high blood pressure?		
Do you have low blood pressure?		
Do you have diabetes or any other metabolic disease?		
Do you have raised cholesterol?		
Do you have a heart condition that may be affected when exercising?		
Is your doctor currently prescribing any medication?		
Do you suffer from asthma or have any difficulty breathing?		

If you answered yes to any of the above please give details.....

.....

.....

.....

If you have answered yes to one or more of these questions, and have not done so already please seek medical advice from your GP before undertaking physical activity.

For members who pay by standing order, if you would like to cancel your membership at any point during your contract, you will need to give one month's written notice.

I hereby state that I have read and understood and answered honestly to the questions above.

I also confirm that I am voluntarily engaging in an acceptable level of exercise.